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## **A comprehensive and integrated community-based approach to tackle undernutrition in India: State-wise guidelines on the prevention and management of severe wasting**



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Dear colleagues,

Undernutrition remains a critical public health challenge in India, particularly among children. The National Family Health Survey - 5 (2019-2021) found that 19 percent of children under 5 in India were suffering from wasting and 7 percent had severe wasting. As part of the POSHAN 2.0, state governments have been rolling out a comprehensive and integrated community-based nutrition approach to address this issue. The programme not only targets the management of acute malnutrition in children but also focuses on prevention to ensure children do not become malnourished in the first place.

To achieve this, state-specific guidelines on the prevention and management of severe acute malnutrition have been developed and released. The guidelines aim to tackle immediate and underlying causes of malnutrition and encourage the active involvement of parents, caregivers and community leaders. By adopting a holistic approach, the aim is to reach more children at the community level and significantly reduce excess mortality due to acute malnutrition.

With the implementation of these state-wise guidelines, it is estimated that millions of children will benefit from both the prevention and management of severe wasting. The guidelines are available in the resources section respectively for nine states. We hope you find these helpful in advancing efforts for better nutrition and wellbeing for every child.

## Resources

- [Assam - Community-Based Program for Children with Severe Acute Malnutrition \(CP-SAM\) Guidelines](#)
- [Assam - Community-Based Program for Children with Severe Acute Malnutrition \(CP-SAM\) Directive](#)
- [Bihar – Samvardhan Programme Guidelines](#)
- [Bihar - Samvardhan Programme Directive \(National Health Mission\)](#)
- [Chhattisgarh – CC SAM Programme Guidelines](#)
- [Chhattisgarh – CC SAM Directive](#)
- [Jharkhand – Strategic Action for Alleviation of Malnutrition and Anaemia \(SAAMAR\) programme Guidelines](#)
- [Madhya Pradesh – Integrated Management of Acute Malnutrition \(IMAM\) programme Guidelines](#)
- [Odisha - Comprehensive Community Based Management of Acute Malnutrition \(CMAM\) Guidelines](#)
- [Odisha - Comprehensive Community Based Management of Acute Malnutrition - Participant Manual](#)
- [Rajasthan- Acute Malnutrition Malnutrition Management and Action \(AMMA\) Guidelines 1](#)
- [Rajasthan - Acute Malnutrition Malnutrition Management and Action \(AMMA\) Guidelines 2](#)
- [Rajasthan - Acute Malnutrition Malnutrition Management and Action \(AMMA\) Monitoring Guidance](#)
- [Telangana - Supervised Supplementary Feeding Programme \(SSFP\) Guidelines](#)
- [Telangana - Supervised Supplementary Feeding Programme \(SSFP\) Module](#)
- [Uttar Pradesh - SAMbhav Abhiyaan Guideline Department of Health and Family Welfare, Government of Uttar Pradesh](#)
- [Uttar Pradesh- SAMbhav Abhiyaan Guideline Department of Women and Child Development Government of Uttar Pradesh](#)
- [Uttar Pradesh- Sambhav Abhiyaan – Introduction](#)

## Nutrition in the news

Date	News	Source
02/05/2023	<a href="#">T.N. government aims to distribute all millet varieties in all districts</a>	The Hindu

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02/05/2023	<a href="#">Millet farmers of Annamayya district in Andhra reap profits</a>	New Indian Express
01/05/2023	<a href="#">MDM workers to be trained on hygiene and food safety in Odisha</a>	New Indian Express
01/05/2023	<a href="#">FSSAI finds 32 new cases of misleading ads, claims by food biz operators</a>	Economic Times
01/05/2023	<a href="#">Ashok Gulati writes: Ration shops as nourishing centres</a>	Indian Express
01/05/2023	<a href="#">Bajra chapatis, khichdi may soon be on Uttar Pradesh's mid-day meal menu; know the benefits of this millet variety.</a>	Indian Express
01/05/2023	<a href="#">'Poshan Bhi, Padhai Bhi': Centre to push Early Childhood Care and Education through Anganwadis</a>	Indian Express
30/04/2023	<a href="#">Poshan Bhi, Padhai Bhi': Centre to push Early Childhood Care and Education through Anganwadis</a>	Indian Express
29/04/2023	<a href="#">'Extreme heat raises child malnutrition — kids must be protected from such life-long damage'</a>	Times of India
28/04/2023	<a href="#">ICAR-CTCRI sets up a 'millet museum'</a>	The Hindu
28/04/2023	<a href="#">Two-day millet festival kicks off in Khunti district</a>	Times of India
27/04/2023	<a href="#">'Coastal biodiversity huge opportunity, use it sustainably'</a>	Times of India
27/04/2023	<a href="#">Centre Ask States &amp; UT's To Procure Kitchen Items For Midday Meal From GeM Portal</a>	News 18
27/04/2023	<a href="#">International Year Of Millets: Why and how to incorporate millets into your diet</a>	Mid day.com
27/04/2023	<a href="#">Lack Of Initiatives, Promotion Of Wheat, Rice Reduced Millets Crop Area: Niti Aayog Report</a>	SwachIndia.com

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26/04/2023	<a href="#">Promoting millets in diets. Best Practices across States and Union Territories of India</a>	Indiaeducationdiary.in
26/04/2023	<a href="#">India To Work With Other Countries On Energy, Food Security: S Jaishankar</a>	NDTV
26/04/2023	<a href="#">Meat, eggs &amp; milk can contribute significantly to meet global nutrition targets: FAO</a>	DowntoEarth
26/04/2023	<a href="#">Delhi govt. to organise mega counselling camp for parents on the issue of malnutrition</a>	Free Press Journal
26/04/2023	<a href="#">Over 600 children freed from malnutrition in Jashpur</a>	Times of India
26/04/2023	<a href="#">Women farmers exhibit over 50 varieties of kharif seeds</a>	The Hindu
26/04/2023	<a href="#">Bournvita sugar content row: NCPDR asks health drink brand to remove 'misleading' ads</a>	Telegraph India
26/04/2023	<a href="#">India to work together with other countries to address energy, food security challenges: EAM Jaishankar</a>	The Hindu
25/04/2023	<a href="#">Up Government Issues New Guidelines For Storing Eggs</a>	Times of India
25/04/2023	<a href="#">WFP head discusses grain ATM project with minister</a>	New Indian Express
25/04/2023	<a href="#">Millet dishes served during MP Cabinet meeting; council of ministers approves increasing compensation for damaged crops</a>	The Print
25/04/2023	<a href="#">J&amp;K Govt To Revive Traditional Millet Cultivation On 8K Hectares Of Land</a>	Kashmir Observer
25/04/2023	<a href="#">Counselling camp for parents to address malnutrition among children in Delhi govt schools</a>	The week

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