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**Towards Kuposhan Mukht Bharat:
Updated video series on state-wise analysis of NFHS**

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Dear colleagues,

The importance of data analytics cannot be overstated when it comes to improving programming and policy making. This is especially true in the field of nutrition policy, where evidence-based decision making is crucial to effectively fight against malnutrition. Despite significant progress made in the past decades, India still faces the challenge of maternal and child malnutrition, with millions of undernourished women, children, and adolescents in the country. However, there is limited comprehension and awareness of the scope of undernutrition and its determining factors.

In this issue of PoshanWeekly, we are happy to share the updated video series on state-wise analysis of key malnutrition indicators for 22 states by Nutrition Group Centre for Technology Alternatives for Rural Areas (CTARA) IIT Bombay. Through comparing the results from NFHS-4 (2015-2016) and NFHS-5 (2019-2021), the video series aims to promote evidence-based discussions, raise awareness, and mobilise action for nutrition among local leaders, state and district-level administration and civil society organisations.

We believe that this updated video series will contribute to advancing evidence-informed programming and initiatives towards improving maternal and child nutrition outcomes in India. Let us work together towards a healthier future for all.

Kind Regards,
Arjan De Wagt,
Chief, Nutrition Programme | UNICEF India

Resources

Insights from NFHS-4 and NFHS-5 on nutrition status in states:

- [Nutrition situation in Assam](#)
- [Nutrition situation in Andhra Pradesh](#)
- [Nutrition situation in Bihar](#)
- [Nutrition situation in Chhattisgarh](#)
- [Nutrition situation in Gujarat](#)
- [Nutrition situation in Haryana](#)
- [Nutrition situation in Himachal Pradesh](#)
- [Nutrition situation in Jharkhand](#)
- [Nutrition situation in Karnataka](#)
- [Nutrition situation in Kerala](#)
- [Nutrition situation in Madhya Pradesh](#)
- [Nutrition situation in Maharashtra](#)
- [Nutrition situation in Manipur](#)
- [Nutrition situation in Meghalaya](#)
- [Nutrition situation in Mizoram](#)
- [Nutrition situation in Odisha](#)
- [Nutrition situation in Punjab](#)
- [Nutrition situation in Rajasthan](#)
- [Nutrition situation in Tamil Nadu](#)
- [Nutrition situation in Tripura](#)
- [Nutrition situation in Uttarakhand](#)
- [Nutrition situation In Uttar Pradesh](#)
- [Nutrition situation in West Bengal](#)

Other resources:

- [Spatial analysis of NFHS-4](#)
- [Spatial analysis of NFHS-5](#)

- [Poshan Maah series](#) : A video series with evidence-based insights on a range of nutrition issues.
- [How the HMIS and NFHS data became the writer of movie on Health and Nutrition status of our country](#)

Nutrition in the news

Date	News	Source
24/04/2023	Odisha CM launches people-centric projects	New Indian Express
24/04/2023	Farm scientists urged to promote fortified crops	The Hindu
24/04/2023	Over 200 participants take out rally to promote millets	The Hindu
24/04/2023	2023 will be the year of 'India Shining' for Indian cuisine and its culinary diversity, reveals Godrej Food Trends Report 2023	Tribune India
23/04/2023	India needs an action plan to create a stimulating environment for children aged 0-3 years: VK Paul	Economic Times
21/04/2023	Supreme Court directs provision of ration cards to 8 crore migrant workers not covered under National Food Security Act	The Hindu
20/04/2023	Plan in place to tackle sickle cell	Times of India
20/04/2023	India-UAE cooperation to sow regional food security	The Hindu
20/04/2023	Andhra Pradesh CM Jagan Mohan Reddy tells officials to provide growth-monitoring equipment in all anganwadi centres	The Hindu
19/04/2023	Millet cultivation will go a long way in poverty alleviation and reducing hunger index, says Chittoor Collector	The Hindu
19/04/2023	Millets acreage up in MP following government push	Times of India

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18/04/2023	G20 MACS: India, France keen on promoting millets, natural farming	Hindustan Times
18/04/2023	Min: India promoting millets to become hub of production, export	Times of India
17/04/2023	At G20 meet in Kashi, India to table proposal for millet research initiative	Times of India
17/04/2023	Bahutva Karnataka releases report card on access to nutrients in Karnataka	The Hindu

[Link to previous issues](#)

- 04/04/2023: [IMPAct4Nutrition: The Private Sector's Powerful Alliance for Improved Nutrition](#)
- 29/03/2023: [Resources on Poshan Pakhwada 2023 now available!](#)
- 21/03/2023: [Everything about Millets POSHAN Power!](#)
- 07/03/2023: [How women's collectives are spearheading health and nutrition initiatives](#)
- 27/02/2023: [States show the way on addressing wasting at community level](#)
- 13/02/2023: [Nayi Chetna: A national campaign against gender-based violence towards well-being of women and children](#)
- 06/02/2023: [Way forward to fighting Neglected Tropical Diseases for better nutrition in India](#)
- 24/01/2023: [What motivates parliamentarians to ask questions on Nutrition: Insights from new report!](#)
- 16/01/2023: [A convergent approach to Early Childhood Development: learnings from Maharashtra's "Aarambh" programme](#)
- 06/01/2023: [How to deliver maternal nutrition : lessons from Telangana](#)
- 23/12/2022: [Poshan Gyan...a comprehensive repository for communication resources on health and nutrition](#)

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One-stop guide for nutrition resources

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Scheme for Holistic
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#StopChildMalnutritionIndia

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