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Poshan Weekly is a knowledge dissemination tool intended to share research, evidence, policy and programme guidelines as well as tools on Maternal and Child Nutrition with colleagues around India.

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**Towards Kuposhan Mukh Bharat:
New video series provides insights from
comparison of NFHS-4 and NFHS-5 (Part I)**



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Dear Colleagues,

Maternal and child malnutrition continues to persist in India despite considerable improvements in the past decades. The country is still home to millions of undernourished women, children and adolescents according to latest National Family Health Survey (NFHS). However, the knowledge and understanding of the extent of undernutrition and its multiple determinants remains modest.

Nutrition group Centre for Technology Alternatives for Rural Areas (CTARA) IIT Bombay has developed a video series on state-wise analysis of key malnutrition indicators. The video series describe trends of key nutrition indicators and determinants at state level. Comparisons of the results from NFHS-4, 2015-2016 and NFHS-5, 2019-2020 provide useful insights on the state-level nutrition situation. It was created with the aim of facilitating awareness, evidence-based discussions, and mobilizing action for nutrition among local leaders, state and district-level administration and civil society organisations. In part I of this video series, analysis on 16 states is available in the resources section along with other relevant materials.

We hope this helps in furthering evidence-informed programming and initiatives towards improving child nutrition outcomes in India.

Kind Regards,
Arjan De Wagt,
Chief, Nutrition Programme | UNICEF India

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Insights from NFHS-4 and NFHS-5 on nutrition status in states:

- [Nutrition situation in Madhya Pradesh](#)
- [Nutrition situation in Uttarakhand](#)
- [Nutrition situation In Uttar Pradesh](#)
- [Nutrition situation in Bihar](#)
- [Nutrition situation in Jharkhand](#)
- [Nutrition situation in Odisha](#)
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- [Nutrition situation in Gujarat](#)
- [Nutrition situation in Rajasthan](#)
- [Nutrition situation in Tamil Nadu](#)
- [Nutrition situation in Karnataka](#)
- [Nutrition situation in Maharashtra](#)
- [Nutrition situation in Kerala](#)

Other resource links:

- [Poshan Maah series](#) : A video series with evidence based insights on a range of nutrition issues.
- [How the HMIS and NFHS data became the writer of movie on Health and Nutrition status of our country.](#)

[Announcements](#)



CENTRE FOR CHRONIC DISEASE CONTROL



Centre for Chronic Disease Control (CCDC) in partnership with **International Food Policy Research Institute (IFPRI), New Delhi** invite applications for a short course on

UNDERSTANDING PUBLIC HEALTH NUTRITION POLICY AND ACTION

12-15 Dec 2022, India International Centre, New Delhi, India

India currently faces multiple simultaneous forms of malnutrition. Optimal nutrition improves cognitive development and school and work performance, reduces morbidity and mortality; all these increase the nation's productivity and economic development.

Traditional training in medicine or nutrition (usually delivered within a home science curriculum) fails to prepare practitioners, researchers or program developers. This short course, offered for the past several years, is a part of their long-term strategy to train a cadre of qualified professionals.

Didactic and interactive sessions are planned over a period of 4 days. Participants will gain increased familiarity with ongoing nutrition programs and policies in India. Participants will learn about the role of nutrition epidemiology in designing evidence-based policy. Using collective experience and expertise of faculty from several leading nutrition and public health institutes, participants will apply these learned principles to promote public nutrition up the political agenda.

Who should apply?

- Representatives from government bodies engaged in policy making or functioning in close association with nutrition and health oriented national programs;
- Research professionals from domains of nutrition, public health and life sciences;
- Faculty members engaged as program practitioners, consultants, technical officers in above fields;
- Future aspirants in nutrition policy /advocacy space may also apply.

A minimum of 2 years' work experience is needed.

Course Convener: Dr Shweta Khandelwal, CCDC shweta@ccdcindia.org

Knowledge partner:



Registration

Deadline for registration:
20 Nov. Interested participants should submit their CV via email to nutricourses@gmail.com

The registration fee for the Four-day course is 8000 INR.
*This covers participation in the course, course materials, tea/coffee, and lunches. It **does not cover** travel costs, or accommodation.

Course Directors

Dr. Shweta Khandelwal,
Centre for Chronic Disease Control and Public Health Foundation of India, New Delhi

Prof. Aryeh D. Stein,
Rollins School of Public Health, Emory University, Atlanta GA

Dr. Purnima Menon,
International Food Policy Research Institute, New Delhi

Further Information

Ms Suma Sajan
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Phone: 01141619456 ext 4822
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E: nutricourses@gmail.com;
suma@ccdcindia.org

Interested participants can submit their CV via email [here](mailto:nutricourses@gmail.com).

Workshop A Toolkit for Integrating Nutrition into Research

December 15 - 16, 2022

Venue: Lower Parel, Mumbai

Faculty Lead:



Dr Shilpa Bhupathiraju, PhD, MS

Assistant Professor of Nutrition,
Harvard T.H. Chan School of Public Health

This workshop aims to address the gap in the collection and usage of nutritional data within population-based research by exploring various methods and best practices.

Suitable for individuals interested in the use of nutrition data in research, with prior basic knowledge in the area, and a goal of learning how to read and utilize nutrition data appropriately.

Register here: bit.ly/nutritiondatairc

For details, click [here](#). Register [here](#).

Nutrition in the news

Date	News	Source
02/12/2022	Why tracking migration is important for nutrition schemes	Indian Express
02/12/2022	Nutritional assessment, counselling and support are integral aspects of TB patients care	Economic Times
01/12/2022	An Indian recipe to quell micronutrient malnutrition	The Hindu

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30/11/22	Nourishing developing economies: On COP 27	Times of India
30/11/22	Climate change, the biggest threat to global food security.	Times of India
30/11/22	Malnutrition in control as NRCs ensure good diet, healthy children	New Indian Express
29/11/22	20% malnourished children show no improvement in Pune district	Hindustan Times
29/11/22	Adapt or perish: Adaptation imperatives for a food-secure Asia	Economist impact
29/11/22	Bridging data gaps in healthcare and the increasing role of strategic interventions	Economic Times
28/11/22	Number of child marriages on the decline in Tiruvallur, says Collector	The Hindu
28/11/22	Everyone above 30 years to be screened for diabetes at Karnataka's Namma Clinics	The Hindu
28/11/22	Stressing Gender, Health, Education, Economy, Govt Body to Release First-Ever Report on Tribals Today (Reference to Nutrition)	News18
27/11/22	50 per cent children in 0-12 age group are iron-deficient: Metropolis study.	Economic Times
27/11/22	Milk formula firms target women looking for pregnancy advice	The Guardian

[Link to previous issues](#)

- 25/11/2022: [PoshanWeekly past issues 2021-2022 list now available!](#)
- 18/11/2022: [Celebration of World Toilet Day 2022](#)
- 11/11/2022: [One-stop guide to nutrition resources!](#)
- 28/10/2022: [NFHS Policy Tracker for Parliamentary Constituencies on Health and Nutrition indicators now available!](#)
- 14/10/2022: [Celebrating Global Handwashing Day in mission mode - towards improved health and nutritional status of children!](#)
- 10/10/2022: [Resource Toolkit from Rashtriya Poshan Maah 2022 now available!](#)

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- 09/16/2022: [Poshan Maah - Poshan Bhi Padhai Bhi, Holistic Development for Every Child!](#)
- 09/07/2022: [Poshan Maah - Complete Toolkit for Women's Nutrition and Health!](#)
- 08/26/2022: [Catalyzing people's actions for nutrition: POSHAN 2.0 and Rashtriya Poshan Maah Guidelines released!](#)
- 08/19/2022: [Nutrition Situation in India during COVID-19 Pandemic: Synthesis of Evidence](#)
- 08/12/2022: [What is the Cost of Not Breastfeeding: Global results from a new tool!](#)

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One-stop guide for nutrition resources



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Center of Women Collectives
Led Social Action



National Centre of Excellence and
Advanced Research on Diets



**Food Fortification
Resource Centre**

Set up by FSSAI with Support from TATA TRUSTS



**Eat Right
India**
सही भोजन. बेहतर जीवन.



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OF NUTRITION



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Ministry of Health and Family Welfare, Government of India



#StopChildMalnutritionIndia

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